



Homemade Soups

- Pint5.50 Quart 10.99
- Chicken Noodle • Vegetable Split Pea
Mushroom Barley
- Matzo Ball • Kreplach 1.95 each
- Chicken Or Beef In The Pot 21.99
1/2 Chicken, Kreplach, Matzo Ball, Peas & Carrots
in Our Homemade Chicken Noodle Soup

Appetizers



- Hebrew National Hot Dog 4.50
Grilled & Served on a bun
- Baked Zucchini Cutlet.....6.50
Green & Yellow Zucchini
- Chicken or Veggie Egg Roll.....6.50
With Duck Sauce
- Two Piece Stuffed Derma7.99
- Stuffed Cabbage.....8.99
One Large Beef or Chicken
- Hush Puppy6.99
Hebrew National Hot Dog with Potato Knish
Filling in an Egg Roll Shell

- Herring & Onions..... 9.99
In a Pareve Cream Sauce
- Chopped Liver..... 8.99
Served Over a Bed of Greens with Crackers or Rye
- Two Large Potato Pancakes..... 9.99
Served with Apple Sauce
- Six Hand Made Kreplach..... 11.99
Boiled or Fried
- One Dozen Mini Franks in Jackets 11.99

Garden Salad Platters

SERVED OVER LETTUCE,
TOMATO, CUCUMBER & CARROTS



- Small Garden Salad 4.99
- Egg Salad Platter 12.99
- Jr. Chef Salad 14.99
Turkey & Roast Beef

- Tuna, Chicken or Chopped Liver.....14.99
- Whitefish Salad Platter.....15.99
- Grilled Chicken Breast.....15.99
Crisp Garden Salad Topped with All White Grilled Chicken
- Chef Salad (7 Oz.)16.99
Corned Beef, Turkey & Roast Beef

Famous Deli Sandwiches

SERVED W/PICKLES ON FRESH RYE BREAD,
KAISER ROLLS OR CLUB ROLL,
WHITE OR WHEAT BREAD. MIX ANY TWO



- | | | | |
|---|--------------|-----------|--------------------|
| | 4 oz. Junior | 7 oz.Reg. | 10 oz. Overstuffed |
| Corned Beef..... | 8.99 | 14.99 | 18.99 |
| <i>Pickled on Premises & Then Steamed to Perfection</i> | | | |
| Pastrami..... | 8.99 | 14.99 | 18.99 |
| <i>Secret Blend of Smokey Spices & Flavors</i> | | | |
| Turkey Breast..... | 8.99 | 14.99 | 18.99 |
| <i>The Freshest Empire Sliced Turkey Breast</i> | | | |
| Roast Beef..... | 8.99 | 14.99 | 18.99 |
| <i>Roasted on Premises to Medium Rare</i> | | | |
| Brisket..... | 8.99 | 14.99 | 18.99 |
| <i>Roasted Fresh on Premises & Served w/Beef Gravy</i> | | | |
| Tongue..... | 10.99 | 16.99 | 20.99 |
| <i>***Upcharge When Combiing on Sandwiches Applies***</i> | | | |
| Hard Salami..... | 8.99 | 14.99 | 16.99 |
| <i>Dried & Aged for Weeks Before Slicing</i> | | | |
| Hebrew National Salami or Bologna..... | 7.99 | 10.99 | |
| Tuna Salad..... | 7.99 | 10.99 | |
| <i>The Finest Quality Tuna, Always Made on Premises</i> | | | |
| Whitefish Salad..... | 8.99 | 11.99 | |
| <i>Creamy Smoked Whitefish & Fancy Mayo</i> | | | |
| Chopped Chicken Liver..... | 8.99 | 11.99 | |
| Egg Salad..... | 6.99 | 8.99 | |
| Chicken Salad..... | 7.99 | 10.99 | |

Signature Creations



- Dan's Brisket Special16.50
*Sliced Brisket, Sauteed Onions & Gravy
Served on a Toasted Garlic Club Roll*
- Fred & Murry's Famous Sloppy Joe.....16.99
*4 Layer Sandwich of Cb, Past, Tk, Rb with Russian
Dressing & Coleslaw*
- Sloppy Joe Jr. Choise of Any 2 Meats14.99
Add 2.00 for Tongue
- Chicken Pot Pie Baked Fresh Daily 14.99
- Corned Beef or Pastrimi over a Knish 16.99
An Open Faced Sandwich over Choice of Knish
- Potato Pancakes Deli Sandwich 19.99
Choice of corned Beef or Pastrimi Served Between Large Potato Pancakes
- Homemade Chicken Tenders & French Fries 12.99
- Half Sandwich & Cup of Soup..... 13.99

Dinner Entrees

SERVED WITH SOUP OR SALAD & ONE SIDE DISH



- Half Roast Chicken..... 19.99
- Beef Liver & Onions20.99
- Fried Chicken in the Basket 19.99
On the Bone
- Two Boneless Chicken Cutlets
Grilled or Fried..... 19.99
All White Meat Empire Chicken Breasts
- Grilled Chicken A Top
Mixed Grilled Vegetables19.99
- Chopped Steak..... 20.99
Smothered in Mushrooms & Onions
- Brisket of Beef over Potato Pancakes..... 22.99
Pancakes are the Side
- Roast Beef Platter 21.99
- Turkey Breast Platter 21.99
- Brisket Platter 22.99
- Two Large Stuffed Cabbage..... 22.99
(Specify Chicken or Beef)
- Chicken Marsala..... 24.99
- Chicken Francese..... 24.99

Side Dishes



- Sm. French Fries5.99
- Lg. French Fries7.99
- Potato Pancakes (1 Pc.)4.99
- Homemade Baked Knish.....4.99
Potato, Kasha, Sweet Potato or Spinach
- Brisket Knish5.99
- Square Potato Knish.....4.50
- Mashed Potatoes.....4.99
- Baked Potato.....3.99
- Sm. Sweet Potato Fries5.99
- Lg. Sweet Potato Fries.....7.99
- Homemade Onion Rings.....7.99
- Noodle Kugel5.99
- Egg Barley & Mushrooms.....6.99
- Kasha Varnishkas6.99
- Baked Beans.....3.99
- Stuffed Derma (1Pc.)3.99
- Coleslaw or Potato Salad3.99
- Macaroni, Health or Pasta.....3.99
- String Beans Almondine5.99
- Grilled Vegetables5.99
- Chickpea Salad4.99
- Artichoke Salad4.99

Knockwurst & Franks

PLEASE SPECIFY BOILED OR GRILLED
SERVED W/CHOICE OF KNISH OR FRENCH FRIES

- One Knockwurst.....10.99
- Two Knockwurst.....14.99
- One Frankfurter 9.99
- Two Frankfurter13.99



3 Egg Omelettes

SERVED WITH FRESH FRIES,
COLESLAW & TOAST

Corned Beef or Pastrami.....	13.99
Franks & Eggs	12.99
Lox, Eggs & Onions	14.99
Salami or Bologna	12.99
Mixed Deli	13.99
<i>Corned Beef, Pastrami & Salami</i>	
Mushroom & Onions.....	11.99
Israeli Western.....	13.99
<i>Corned Beef, Peppers & Onions</i>	

Hot Open Sandwiches

SERVED OVER RYE BREAD
CHOICE OF BAKED POTATO,
MASHED OR FRENCH FRIES

Hot Open Roast Beef.....	19.99
Hot Open Brisket.....	19.99
Hot Open Turkey.....	19.99
Hot Open Tongue Polonaise	24.99

PLEASE SPECIFY IF
GRAVY ON THE SIDE

Grilled Specialty Wraps

Deli Wrap.....	12.99
<i>Choice of Meat Wrapped with Lettuce & Tomato or Russian Dressing & Coleslaw (Add 1.50 for Tongue)</i>	

Mixed Grilled

Veggie Wrap	10.99
<i>Roasted Red Peppers, Green Zucchini & Yellow Squash</i>	

Salad Wrap.....	11.99
<i>Tuna, Chicken Salad or Egg Salad Wrapped with Lettuce & Tomato</i>	

Mixed Grilled Veggie

Wrap with Chicken	12.99
<i>All White Meat Grilled Chicken</i>	

Grilled Burgers & Chicken

ON A FRESH KAISER ROLL BAKED DAILY

1/2 Lb. Beef Burger.....	13.99
Pastrami Burger	16.99
Salami Burger	14.99
Burger w/Sauteed Onions	14.99
BBQ Burger	14.99
<i>Covered in Mushrooms & Sauteed Onions</i>	
Grilled Chicken	14.99
<i>Covered in Choice of Sauce: Sesame, BBQ, Honey Mustard or Teriyaki</i>	

Fried Chicken Cutlet	13.99
Ground Turkey Burger.....	13.99
Buffalo Chicken Sandwich	14.99

SERVED WITH LETTUCE, TOMATO &
OUR HOMEMADE FRENCH FRIES

Beverages

Fountain Soda - Unlimited	2.79
<i>Coke, Diet Coke, Sprite, Root Beer</i>	
Seltzer	1.50
Unsweetened Fresh	
Brewed Ice Tea	2.75
Poland Spring Water	1.50
Assorted Snapple	2.50
Dr. Browns Assorted Sodas.....	2.00
<i>Cream, Black Cherry, Celery</i>	
Hot Coffee or Tea.....	2.00
Can of Soda.....	2.00

Desserts

Black & White Cookie	3.50
Chocolate Chip Cookie	3.50
Linzer Tart	3.50
Chocolate Fudge Brownie	3.50
Chocolate Linzer Tart.....	3.50
Baked Apple Strudel.....	4.99
Chocolate Apple Strudel	4.99
Joyva Halavah Bars	2.99

Lunch Specials

AVAILABLE 11 AM TO 3 PM
EXCLUDES HOLIDAYS

Mushroom & Onions Omelette.....	10.99
<i>Made with Fresh Mushrooms & White Spanish Onions</i>	
Fried Chicken Tenders	11.99
<i>6 All White Tenders</i>	
Salami or Bologna Omelette	11.99
<i>Hebrew National</i>	
Fried Chicken Cutlet Sandwich	12.99
<i>Served on a Kaiser Roll with Lettuce & Tomato</i>	
Beef or Chicken Stuffed Cabbage.....	12.99
<i>One Large Homemade Cabbage Roll in Our Sweet Polonaise Sauce</i>	
Lox, Eggs & Onions Omelette	12.99
<i>Fresh Atlantic Salmon Prepared with Onions (Unless Specified)</i>	
Jr. Deli Sandwich	13.99
<i>Served on Rye, White or Wheat Tongue 2.50 Extra</i>	
Beef Burger	13.99
<i>1/2 Lb. Burger Flame Grilled</i>	
Beef Liver & Onions	14.99
<i>Braised & Pan Fried, Prepared Well Done with Sauteed Onions</i>	
Turkey Burger.....	13.99
<i>Ground Empire Turkey, Grilled & Served with Lettuce & Tomato</i>	
Hot Open Turkey, Brisket or Roast Beef.....	13.99
<i>Served Over Rye Bread with Our Homemade Gravy</i>	

ALL ABOVE SERVED WITH FRENCH FRIES OR MASHED POTATOES

Small Bowl of Soup & House Salad.....	9.50
<i>Split Pea, Vegetable, Mushroom Barley or Chicken Noodle Soup</i>	
Jr. Sandwich & Cup of Soup	13.99
<i>4 ounces of Meat & Any Homemade Soup • Add Tongue 2.50 Extra</i>	

Lunch Special Salad Platters

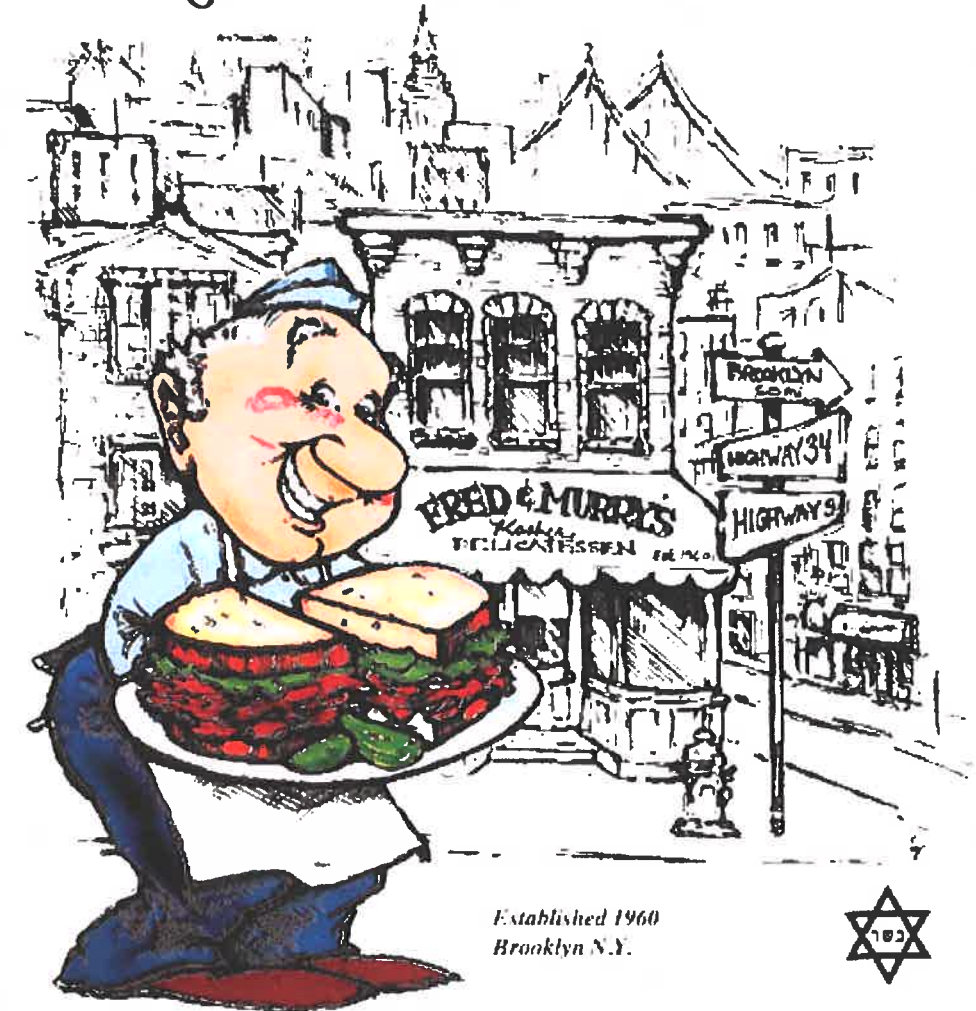
Egg Salad Platter	11.99
Tuna Salad Platter.....	12.99
Chicken Salad Platter.....	12.99
Chopped Liver Platter.....	13.99
Whitefish Salad Platter.....	13.99
Jr. Chef Salad	13.99
<i>Turkey & Roast Beef</i>	



www.fredandmurrysdeli.com

FRED & MURRY'S

Kosher Delicatessen



Established 1960
Brooklyn N.Y.

732.462.3343

4345 Highway 9 Freehold, NJ 07728

Private Banquet Room Available

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